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การศึกษาความกังวลในการเรียนรู้ภาษาอังกฤษของนักศึกษาปริญญาตรี

A Study of Undergraduate Students' English Learning Anxiety

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Abstract

The purpose of the study was to examine the causes and levels of English learning anxiety among Thai undergraduate students in Thailand. The participants of this study consisted of 57 undergraduate students majoring in Hotel and Tourism at College of Hospitality and Tourism, Rajamangala University of Technology Srivijaya, Trang campus in Thailand. The instrument used for collecting the data was a set of Foreign Language Classroom Anxiety Scale (FLCAS) questionnaire. The questionnaire was distributed directly to 57 students and the number returned was 57 or 100%. Quantitative data was analyzed using mean and standard deviation. The research results showed that the students experienced the high level of Test Anxiety ($M = 3.49$) and Fear of Negative Evaluation ($M = 3.47$). The top three anxiety statements, which all had mean values exceeding 4, were: "I get nervous when the English teacher asks questions I haven't prepared in advance" ($M = 4.30$); "I start to panic when I have to speak without preparation in English class" ($M = 4.22$); "I get nervous and confused when I am speaking in my English class" ($M = 4.18$). These items seemed to reflect a generally negative and passive attitude towards the English language learning.

Key words : anxiety, language anxiety